

Flower arranging and biscuit decorating at Silverpoint Court Residential Care Home



We have had a nice week of fun activities here at Silverpoint Court Residential Care Home – from a café trip to decorating biscuits!

Café trip

On Friday 22 July we took two of our residents out to a **local café**. They had fun chatting and laughing with the locals; they really enjoyed themselves with a **drink and a piece of cake** while reminiscing about old times.

Bowls and dancing

Our ladies and gentlemen played a few games of their favourite **bowls** last week, followed by a sing-song and a dance – *we were rockin' and a rollin' with fun!*

Strength and balance exercise

We did some strength and balance exercises with a ball to help our residents strengthen their hands and they all did really well! We put some music on afterwards and had a little dance – everyone really enjoyed moving in time to the music.

Flower arranging and biscuit decorating

Our lady June and her daughter kindly took the time to arrange some **beautiful flowers** for our reception area – they looked lovely and smelled divine. *Thank you ladies!*

We also gave some classic **Rich Tea biscuits a makeover** with different coloured icing – decorating them with different designs; our residents really enjoyed themselves!



