

Gardening and dancing at Silverpoint Court Residential Care Home



Our ladies love to dance here at Silverpoint Court Residential Care Home, and this week they showed off their moves before lunch, much to our delight!

And we made sure we enjoyed some sunshine in our garden, when some of our residents got stuck into some **potting up outside**.
Fresh air and green fingers – the perfect combination!

On Monday 28 September our ladies **Silvia** and **Lilly** really enjoyed a **flower arranging** activity, which is a popular pastime at **Silverpoint Court**. We put their lovely arrangements on display in our **Home** to bring a little sunshine to everyone. *Thank you ladies!*