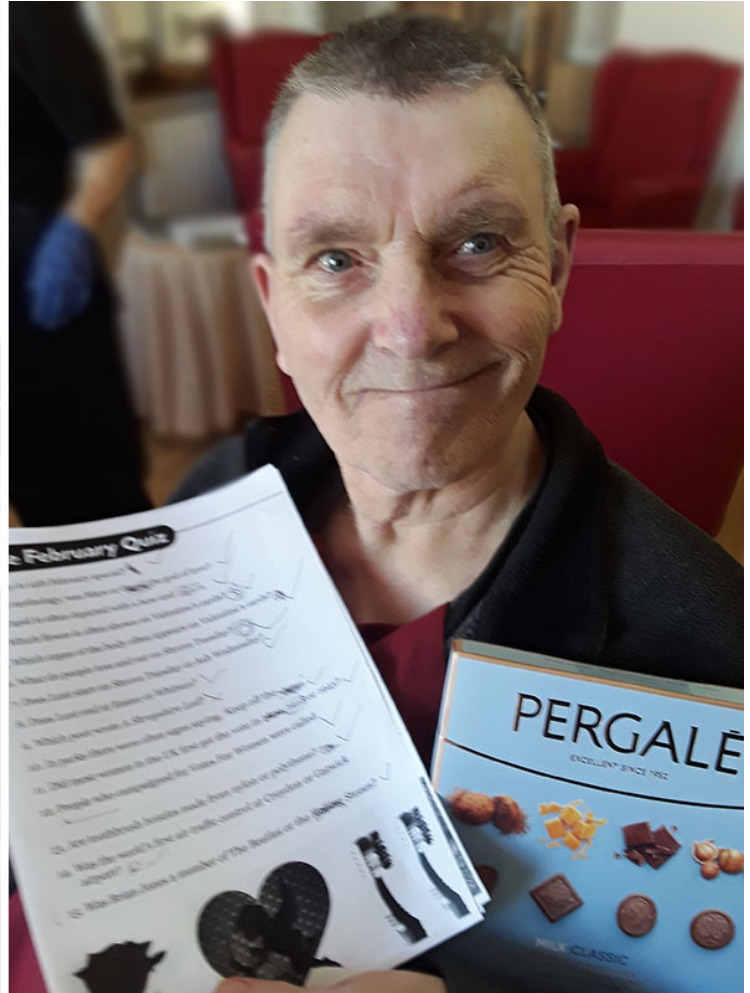


Growing cress and a quiz winner at Silverpoint Court Residential Care Home



We recently planted some cress seeds together at Silverpoint Court Residential Care Home and our residents loved reminiscing about how they grew cress as children.

We are delighted to say it has now sprouted and looks very lush and healthy.

Well done to **Irene and Violet**, who did so well planting theirs....*egg and cress sandwiches for tea!*

And **congratulations to our John** who has done very well in our **quizzes** recently – something our residents really enjoy. One box of chocolates for our winner - *enjoy them John!*