

## Reminiscence activities at Silverpoint Court Residential Care Home



### Coffee morning

We had a full house for our coffee morning gathering on Thursday 26 August here at Silverpoint Court Residential Care Home.

Everyone enjoyed a posh coffee and, as always, we included our residents in their rooms by giving them a **Daily Sparkle** paper and lovely latte if they wanted one.

At the end of the session, we put on some **Bee Gees music** and also the classic BBC radio comedy show 'The Clitheroe Kid' which was all relevant to what we had been reading in the Sparkle together.

Everyone said what **lovely memories** it had brought back and we all enjoyed chatting and reminiscing.

In the afternoon we had great fun playing 'Play Your Cards Right' (the 'higher!' or 'lower!' card game) with a nice cup of tea and slice of cake to finish off a fantastic day.

## Hydration trolley

Friday 27 August saw more music playing as we set off around our **Home** with our **much-anticipated drinks trolley**. Our team wore funny glasses to bring a smile to everyone's faces!

**Strawberry milkshakes and ginger beer** were on the menu, which were thoroughly enjoyed by all.

## Nostalgia morning

We took a trip down memory lane on Saturday when we all loved singing along to some **fantastic 50s music**, which is always popular. We also set up our **bowling alley** in our lounge - no one got a strike, but we all had fun trying!

## Afternoon tea

Two of our lovely ladies – Jean and Beryl – have become firm friends at **Silverpoint Court** and enjoy each other's company very much.

We recently gave them both a '*Life story*' book and they have been helping each other to fill them in with their personal histories.

It's been lovely to see them enjoying sharing their life stories together over tea and cake – what a **wonderful friendship**.



Milkshakes, posh coffees and bowling

