

Silverpoint Court Residential Care Home residents enjoy a pamper morning and film afternoon



Pamper morning

We enjoyed giving our residents at Silverpoint Court Residential Care Home a lovely pamper session for their nails last week.

First we soaked our ladies and gents hands in warm water and then cut and filed their nails, finishing with **relaxing hand massages** with hand cream. One of our ladies also chose to have some nail polish.

It was super to have a chat with everyone and a **good laugh about the stories we shared.**



Bingo and film afternoon

We played a few games of **bingo after lunch** which our residents really enjoyed, with lots of concentration as the numbers were called. *Great fun!*

Afterwards we watched a film of our residents' choice called '*Seance*' on what was a rather wet and dreary day. *Nothing like a good movie afternoon!*