

Silverpoint Court Residential Care Home residents enjoy coffee and Sparkle discussions



We had a very enjoyable coffee morning and Weekly Sparkle discussion today at Silverpoint Court Residential Care Home.

Nylons stockings were up for discussion and we had a good laugh about how ladies used to draw lines up the back of their legs!

We also talked about the **jazz singer Cleo Lane** and played one of her songs, which everybody loved and we remembered **Diego Maradona** and his incredible football talent.

Folklore was also an interesting topic and different sayings, like '*Red sky at night, shepherd's delight*' and we had fun asking our residents if they'd heard of them.

We finished with a **Sparkle quiz**.

