

Silverpoint Court Residential Care Home residents enjoy park outing



Last week, we took a group of our Silverpoint Court Residential Care Home residents out for a lovely trip to Wat Tyler Country Park.

Boasting 125 acres of country walks and wildlife spotting, the park is situated near Basildon and is listed as a Site of Special Scientific Interest due to the wildlife present with Hawthorn scrub, meadow and salt marsh habitats. Its attractions include a miniature railway, sculpture trail, visitor centre, refreshment facilities and birdwatching hides.

Everyone had a great time in the fresh air, admiring the views. We sat together at a picnic bench, enjoying a chat, our **cups of tea and ice lollies** and a spot of **bubble blowing**!

We enjoyed a **short walk** and our residents loved meeting some passing **dogs** and **feeding the birds** in the park.

What an enjoyable outing!