

Sports Day target practice at Silverpoint Court Residential Care Home



We enjoyed some lovely sunshine for our Sports Day last week here at Silverpoint Court Residential Care Home.

Our residents' hand-eye coordination skills were put to the test as we had **darts**, **archery** and **basketball** challenges for them to enjoy.

We all had fun together enjoying the day in our garden and watching the different events.

Well done everyone for taking part!



Darts skills!