

Zumba and bingo at Silverpoint Court Residential Care Home



On Sunday we pumped up the calypso music again here at Silverpoint Court Residential Care Home, as our residents enjoyed Zumba classes on both floors, with everyone moving to the rhythm, even our Tony! Such a great way to have fun and keep fit.

In the afternoon, everyone joined in for six games of **bingo** with prizes galore!

Good times!